

Family Relationships Quarterly

The Newsletter of the Australian Family Relationships Clearinghouse

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Editorial

Welcome to our fourth edition of *Family Relationships Quarterly*. This edition marks the completion of the first year of the operation of the AFRC. Our readers' and stakeholders' feedback has helped us develop the Clearinghouse, and we are now at a stage where we can begin to capitalise on the great work done so far. We have a stakeholders' meeting in Melbourne in April that we hope to replicate in other capital cities this year, which will provide us with further information on how we are progressing. A survey of subscribers to AFRC-alert, sent out in April, will also assist us in further determining the needs of stakeholders.

These strategies are an important way in which service providers and practitioners can feed into the Clearinghouse. One of the main purposes of the AFRC is to increase access to information and resources that will help inform the work of our stakeholders. The feedback we gain is incredibly helpful to us in knowing if we are a useful tool, or areas in which we need to expand. Feedback is always welcome at afrc@aifs.gov.au

This newsletter contains a variety of valuable contributions from researchers and practitioners, including:

- The preliminary results of a program evaluation of RELATE with Couple CARE. Griffith University staff are collaborating with Relationships Australia (QLD) to evaluate the program, and comments on the collaboration experience are included.
- A Program Spotlight on Family Life's Creating Capable Communities Program in the southern suburbs of Melbourne.
- Sydney psychologist Lyn Worsley writes about the "Resilience Doughnut", a tool that helps practitioners to consider which areas of a person's life would benefit from consideration, challenge or change to increase resilience.

Other articles in this edition of *Family Relationships Quarterly* include an article review by Robyn Parker on gender and marital satisfaction early in marriage. Our family statistics and trends section focuses on results from the latest Relationships Indicators Survey by Relationships Australia, and literature highlights focus on acquired brain injury, parental alienation syndrome and post-separation relocation.

We hope you enjoy this edition of *Family Relationships Quarterly* and look forward to your feedback.

Elly Robinson
Manager

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