

# Website reviews

REVIEWED BY ELLY ROBINSON

## Sibs: the Association for Children with a Disability

[www.sibs.org.au](http://www.sibs.org.au)

The Association for Children with a Disability has a new website that hosts information for “Sibs”, the term coined for individuals with a brother or sister who has a disability or chronic illness. The homepage of the site directs users to one of three sub-sites, which cater for primary-school-aged children, adolescents and parents of a sibling aged 0–25 years.

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Each of these sites has age-appropriate information for and about siblings. The primary-school-aged site has simple games as well as interactive elements, where kids can discuss their feelings or stories and reply to others' posts. The adolescent site was created by adolescent siblings for adolescent siblings, and includes a number of interactive elements, such as book and film reviews, “your thoughts”, “end the sentence ...” and an active discussion board.

The link for parents takes users directly to the homepage for the Association for Children with a Disability, which contains stories, information, fact sheets, resources and support and covers issues

for all members of the family. There is also information on professional development for workers.

An abundance of information is free to access on these sites that will help workers acknowledge and support the experiences of families affected by a member who has a disability or chronic illness.

## Auseinet

<http://auseinet.flinders.edu.au>

Auseinet is the Australian Network for Promotion, Prevention and Early Intervention for Mental Health. Auseinet has been in existence since 1997, and the breadth of information on this site is testament to its longevity. Information on mental health promotion and illness prevention is available for practitioners, consumers and carers, and there is a relatively recent section on information about Aboriginal and Torres Strait Islanders mental health.

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The Auseinet website includes a clearinghouse on promotion, prevention and early intervention initiatives, an email alert service, the *Auseinetter* newsletter, resources such as fact sheets and toolkits for a range of sectors, an online journal (*Australian e-Journal for the Advancement of Mental Health*) and other publications. Under resources, there is a considerable range of fact sheets on many relevant issues, including children of parents with a mental illness, multicultural mental health and families/parenting. A “recovery online” toolkit is also available to assist services and people to implement a recovery approach.

This site is a comprehensive “one-stop shop” for information on issues on mental health promotion and illness prevention.

**Elly Robinson** is the Manager of the Australian Family Relationships Clearinghouse.