



# Hello!

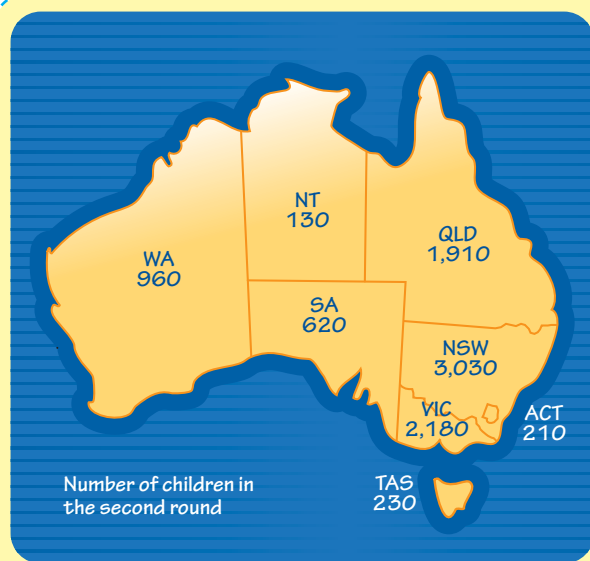


from *Growing Up in Australia!*

## You are part of the biggest study of Australian children ever done

Over 10,000 children and families from all states in both city and country areas are taking part. We want to say a big **THANK YOU** for being part of it.

Through the study, we hope to learn what helps children do well. This will help the government decide how best to support children and families.



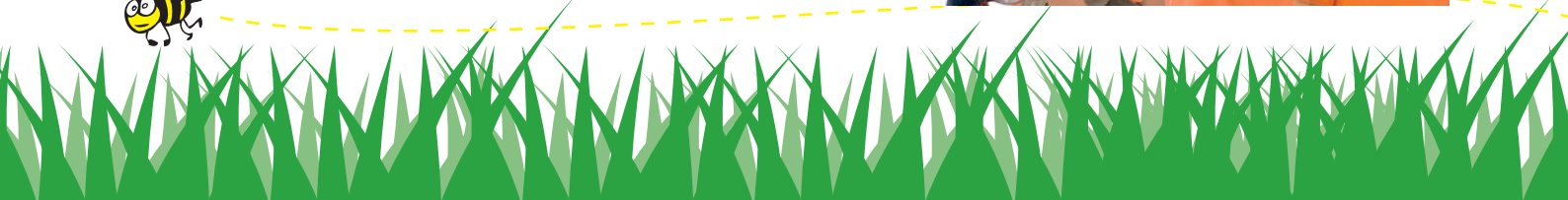
### Interesting facts

- In 2003 and 2004 we visited families across Australia to ask them to take part in the study. We are very glad that your family said “yes”!
- There are 2 groups of children taking part. The younger children were babies when the study started, and the other group was 4–5 years old. The babies are now 4–5 years and the older children are 8–9 years.
- Every two years an interviewer visits your home to find out how you and your family are getting along. For many of you, the last time we visited was this year.
- Over 9,000 children took part in the second round and more than 8,500 have taken part in the third round so far. We hope you will take part in the next round too!

### See us on TV!

People are so interested in our study that a TV show has been made that is based on it. The programs *Life at 1* and *Life at 3* were shown on ABC TV recently.

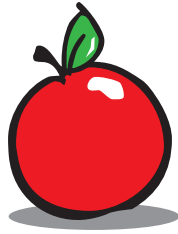
In the same way that our big study is following 10,000 children as they grow up, the filmmakers are following what happens as the 11 children in the TV show grow up. They do the same activities and answer the same questions as you and your parents. There will be a third series too—keep an eye out for *Life at 5* in two years’ time!



# Fun fruit kebabs

## Ingredients:

1 apple, 1 banana, 1/3 cup red seedless grapes, 1/3 cup green seedless grapes, 2/3 cup pineapple chunks, 1 cup yoghurt, 1/4 cup dried shredded coconut



## Utensils:

knife (you'll need help from an adult), wooden skewer sticks, large plate

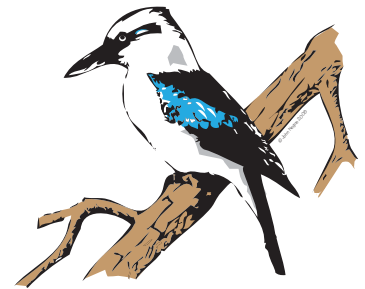
## Directions:

1. Wash the grapes and apples. Cut the apples into cubes, peel the bananas and cut them into chunks.
2. Spread coconut onto a large plate.
3. Design your own kebab by sliding pieces of fruit that you want onto the skewer until the stick is almost covered from end to end.
4. Hold your kebab at the ends and roll it in the yogurt, so the fruit gets covered. Then roll it in the coconut.
5. Repeat these steps with another skewer.

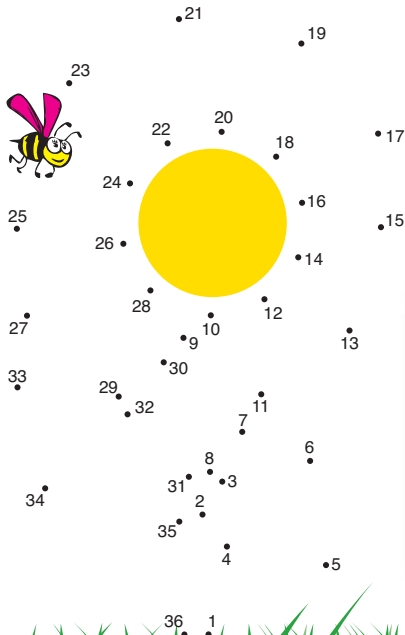
# Animals of Australia

KANGAROO  
WALLABY  
KOALA  
WOMBAT  
PHALANGER  
SUGAR GLIDER  
BANDICOOT  
NUMBAT  
TASMANIAN DEVIL  
FLYING FOX  
DINGO  
PLATYPUS  
ECHIDNA  
MONITOR  
GECKO  
SKINK  
TAIPAN  
CARPET PYTHON  
BOWERBIRD  
EMU  
LYREBIRD  
KOOKABURRA  
BUDGERIGAR  
RAINBOW LORY  
BLACK SWAN

F J Z Z L Y R E B I R D A E W  
P B A X A D I K T U E L F C W  
T R K R O T I N O M C K K H O  
O E R A R F R N U A A F N I N  
O D A X K U G E G N L T I D O  
C I G C G O B N G O U A K N H  
I L I V E D N A I N A M S A T  
D G R T C M R W K Y A V B E Y  
N R E A K O A S G O L L T A P  
A A G I O L C K U U O F A T T  
B G D P L J E C I F Y K S H E  
U U U A V P L A T Y P U S P P  
T S B N Y R O L W O B N I A R  
K Y Q N D R I B R E W O B W A  
I B D X L G B T A B M O W L C



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## Join the dots

Join the dots using your pencil to make the picture and then colour it in.

## \* Keeping in touch

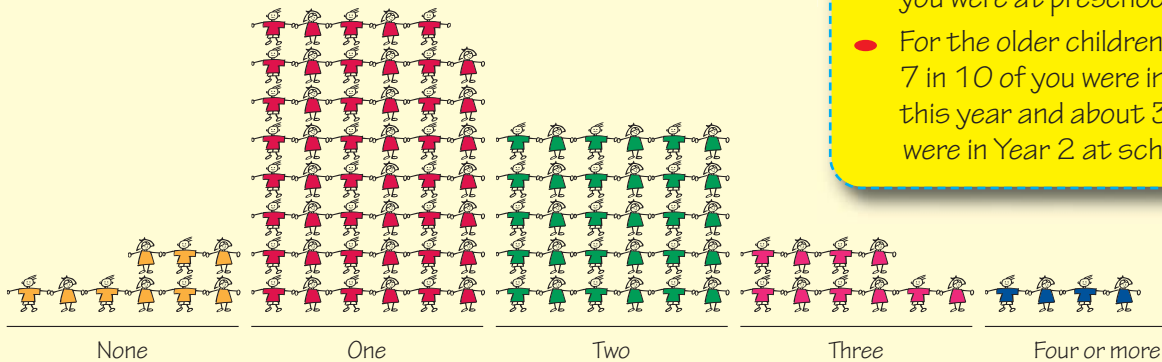
We're interested in your thoughts and ideas and have really enjoyed the drawings and pictures that some of you have done for the study.

Ask your mum or dad to help if you want to send us something—

**after all, this is your study, and it could not exist without you.**



## This is how many brothers and sisters children in the study have



- There are about equal numbers of boys and girls taking part.
- For the younger children, about one-quarter of you started school this year and over half of you were at preschool.
- For the older children, about 7 in 10 of you were in Year 3 this year and about 3 in 10 were in Year 2 at school.

